HETHERSETT "RUN THE SQUARE" - Sunday 24th June 2012.

Start from Hethersett Junior School, Queen’s Road, Hethersett. Registration is between 9am & 10:30am, warm up routines from 10:30, run starts at 11am.

- 2 mile fun run on a flat course through the village of Hethersett.
- Certificate & special Hethersett medal for all finishers.
- Children under 8 must be accompanied by an adult.
- Fancy dress allowed - prize for best costume.
  - Digital finish clock & gantry.
  - Car parking at Hethersett High School.
- Warm up facility & pre-start coaching from former Olympic athlete - Paul Evans.
  - First Aid & Marshalled course on closed roads.
  - Water station - free to runners.
- Nominal entry fee to cover insurance and first aid costs - £2.50 for adults, £1 for under 16’s.
  - £1 supplement for entry on the day.

ENTRY FORM.

Full name..................................................................................................................................................

Address....................................................................................................................................................

.................................................................................................Postcode..................................................

Age on run day..............................Name of Club (if applicable)............................................................

Telephone................................................................................................................................................

Emergency contact/next of kin

Name.................................................................Telephone.....................................................

Do you have a medical condition that organisers should know about?............................................................

Postal applications enclosing cheque payable to Hethersett Parish Council to:

Hethersett Parish Council, Village Hall

Back Lane

Hethersett

Norwich NR9 3JJ.

Applications also can be handed into the Hethersett Library with the entry fee. There will be no acknowledgement of entries in order to reduce costs - just report to Registration on the day.

I understand that I enter the run at my own risk and that no person(s) or organisation(s) will be held responsible for any accident, injury or loss to myself, prior to, during or after the event. I understand the organisers reserves the right to delay, postpone, cancel or not officially time the run in the event of adverse weather conditions or other events outside the organisers control. Photographs and video images of the race will be taken for publicity purposes. I understand that my image may be used and give permission freely for it to used. For runners over the age of 16, your data will be shared with UK & England Athletics.
Signature........................................................................................................................(Parent if under 8 years old.)

Supported by:

Norfolk County Council