



# *Life Balance Reflexology*

*Keeping Your Life in Balance*

*Charlotte Kippin Mar*

*Mobile Reflexologist*

*Happy to visit you in your workplace or in the comfort of your own home.*

*Discounts offered to NHS staff and volunteers.*

*For further details and to find out more about reflexology please call*

*Charlotte on*

*07826 857993*

*Or email on [lifebalance@live.co.uk](mailto:lifebalance@live.co.uk)*